

# DANSWEST DANCE STUDIOS

**SPRING SESSION: Jan 8-May 25**

**SAVE THE DATES: SPRING RECITAL MAY 31-JUNE 2st**  
Spring Session Begins January 8th

**REGISTER ONLINE [www.danswest.com](http://www.danswest.com) then DOWNLOAD the App Dance Studio Pro-Portal**

## MONDAY

	STUDIO 1	STUDIO 2	STUDIO 3	STUDIO 4
3:00				<b>PRESCHOOL TAP/BALLET</b> Building social, motor, and listening skills while learning our very first dance steps Our most popular class! 3-4p
4:00	<b>BALLET 3</b> Correct technical execution and body alignment will be emphasized as new terminology is introduced. 4-5p	<b>ACROBATICS 4</b> Advanced class. Prerequisite: Back Hand Spring Must be taken with jazz or ballet. 4-5p	<b>BROADWAY TAP JR</b> Intermediate Tap class focussing on the theater side of tap. Dancers should expect to learn a new combo each class. Recommended tap Level 3+. 4-5p	<b>MINI BALLET AGES 5-7p</b> Learning our first ballet steps through the use of props and imagery. 4:15-5p
5:00	<b>STRETCH and MOBILITY</b> Dancers need to supply their own Yoga Block (2), ankle weights, theraband. Yoga mat optional	<b>INTRO TO ACROBATICS</b> Ages 7-14 Balancing and flexibility basics, beginning Acro vocabulary like bridge, Cartwheel, and elbow stands. 5-6p	<b>TAP TECHNIQUE 4</b> Intermediate class building fundamental rudiments. Faster paced combos and new rhythmic ideas will be introduced. 5-6p	<b>JAZZ 3 ages 7-12</b> Faster paced beginning class for students with 1-2 years recent experience 5-6p
6:00	<b>BALLET 7/8</b> Advanced level ballet barre, center and across the floor. 6-7:15p	<b>ACROBATICS 2</b> Expanding on the basics of Acro 1. Must have R/L cartwheels and standing back bend. 6:15-7:15p	<b>TAP 3 ages 7-12</b> Faster paced beginning class for students with 1-2 years recent tap experience 6:15-7:15p	<b>BEGINNING TEEN/ADULT BALLET</b> An introductory level ballet class introducing barre work and center floor exercises. 6:15p-7:15p
7:00	<b>POINTE C</b> For students with 2+ years of Pointe experience. Faculty approval required.	<b>ACROBATICS 3</b> Intermediate class. Prerequisite: front & Back walkovers. Must be taken with jazz or ballet 7:15-8:15p	<b>INTERMEDIATE/ADV RHYTHM TAP</b> Focus will be on articulation of dynamic footwork, improvisation, and musicality through choreography. For tap dancers in level 4+. 7:15-8:15p	<b>BEG/INT TURNS and JUMPS</b> Creating tighter turns and flatter splits in our leaps through power, strength, and flexibility. 7:15p-8:15p
8:00				

## TUESDAY

	STUDIO 1	STUDIO 2	STUDIO 3	STUDIO 4
3:00				<b>Tiny Ballet/ Tumble</b> ages 2-3.5 3:15-4p
4:00	<b>BALLET 4</b> Correct technical execution and body alignment will be emphasized as students prepare for pointe work. 4:15-5:15p	<b>INTRO TO JAZZ</b> ages 7-12 Jazz basics, flexibility, choreography and more all done to upbeat music 4:15-5:15p	<b>ADVANCED HIP HOP</b> Fast paced class for dancers with several years of experience. Dancers can expect to learn a new combo each week. 4:15-5:15p	<b>MINI ACROBATS</b> Ages 5-7 Balancing basics, beginning Acro vocabulary, Flexibility training. 4:15-5p
5:00	<b>POINTE A</b> For students in their first year of pointe. 5:15-6p	<b>CONTEMPORARY DANCE</b> Fast paced style of dance incorporating several different dance techniques. Rec. Jazz level 5+ 5:15-6:15p	<b>INTRO to HIP HOP</b> Learn hip hop dance basics, style, and musicality in this upbeat and fast paced class. 5:15-6:16p	<b>MINI JAZZ.</b> ages 5-7 Jazz basics, coordination, and flexibility training all done to our favorite songs! 5:15-6p
6:00	<b>BALLET 5/6</b> High intermediate level Ballet barre, center and across the floor 6:15-7:30p	<b>JAZZ TECHNIQUE 4</b> Intermediate class combining jazz basics into new complex combinations. Focus is on proper technique, style, and presentation. 6:30-7:30p	<b>INTRO TO TAP</b> Ages 7-14 Learn basic tap vocabulary, musicality, and how to create music with your feet! 6:30-7:30p	<b>HIP HOP Teen/Adult</b> Trending music and moves will be explored as dancers learn to groove with confidence 6:30-7:30p
7:00	<b>POINTE B</b> Beginning Level pointe class, must take 2xballet a week in addition to pointe with faculty approval.	<b>LYRICAL JAZZ</b> A style of dance that blends Ballet and Jazz dance that tells a story through movement. Must be taken with Ballet. 7:30-8:30p	<b>BROADWAY TAP</b> Intermediate Tap class focussing on the theater side of tap. Dancers should expect to learn a new combo each class. Recommended tap Level 4+	
8:00				

## WEDNESDAY MORNING

	STUDIO 1	STUDIO 2	STUDIO 3	STUDIO 4
10:00	MORNING PRIVATES and STUDIOS AVAILABLE FOR RENT MON-FRI CALL or EMAIL to BOOK!			<b>PRESCHOOL HIP HOP/TUMBLE</b> This high energy class will build coordination and strength all while dancing to our favorite songs 10a-11a
11:00			<b>INTERMEDIATE ADULT TAP</b> MM 11a-12p	



**All dance wear and shoes can be found at  
Danswest Danswear!**

**Danswest students receive 10% off everyday!**

**Thank you for supporting locally owned small businesses**



WEDNESDAY AFTERNOON				
4:00		<b>INTRO TO AEROBATICS</b> Ages 8-14 Balancing basics, beginning Acro vocabulary, Flexibility training. 4-5p	<b>TAP TECHNIQUE 5/6</b> High Intermediate class focusing on progressive footwork patterns, syncopation, and dynamics 4-5p	<b>MINI BALLET</b> AGES 5-7p Learning our first ballet steps through the use of props and imagery. 4:15-5p
	<b>BALLET 7/8</b> Advanced level ballet barre, center and across the floor. 4:30-5:15p			
5:00		<b>INTRO to MODERN</b> ages 9-14 A beginning level class that teaches the founding principles of Modern technique. Previous experience in ballet or jazz recommended. 5:15-6:15p	<b>MINI TAPPERS</b> Ages 5-7 Musicality, rhythm and coordination are the focus this upbeat intro to tap dance. 5:15-6p	<b>INTRO TO BALLET</b> ages 8-14 Learn Basic Ballet vocabulary and movement he foundation of many styles of dance! 5-6p
	<b>POINTE C/VARIATIONS</b> For students with 2+ years of Pointe experience.			
6:00			<b>BEGINNING TAP TEEN/ADULT</b> Learning basic tap vocabulary with proper technique while improving balance, musicality, and coordination 6:15p-7:15p	<b>BALLET 2</b> Perfect for 2nd year + students. Foundational vocabulary will be reinforced while introducing new terminology. 6:15-7:15p
	<b>Jazz technique 5/6</b> High intermediate class that will introduce new turns, jumps, footwork patterns and complex across the floor combinations.	<b>JAZZ TECHNIQUE 7/8</b> Advanced jazz class that continues to work on proper placement, style, and presentation 6:30-7:30p		
7:00				
	<b>BEGINNING TEEN/ADULT JAZZ</b> An introductory level jazz class introducing classic jazz vocabulary and combinations	<b>MUSICAL THEATER JAZZ</b> Putting jazz technique into practice while learning dances to popular Broadway shows. Recommended Jazz Level 4+. 7:30p-8:30p		<b>MUSICAL THEATER JAZZ JR</b> Putting jazz technique into practice while learning dances to popular Broadway shows. Must be taken with Jazz or Ballet 2+. 7:30-8:30p
8:00				
THURSDAY				
	STUDIO 1	STUDIO 2	STUDIO 3	STUDIO 4
3:00				<b>PRESCHOOL TAP/BALLET</b> Building social, motor, and listening skills while learning our very first dance steps Our most popular class! 3-4p
4:00	<b>BALLET 3/4</b> Correct technical execution and body alignment will be emphasized as students prepare for pointe work. 4:30-5:30p	<b>JAZZ 2</b> ages 7-12 Faster paced beginning class for students with 1-2 years recent experience. 4-5p		<b>PRESCHOOL HIP HOP/TUMBLE</b> This high energy class will build coordination and strength all while dancing to our favorite songs. 4-5p
5:00	<b>PRE-POINTE</b> - for dancers aged 9.5+ as a preparation to go on pointe and for students in Pointe A to continue required strength training.	<b>INT/ADV MODERN TECHNIQUE</b> Horton, Graham, and Taylor technique will be explored as we strengthen our modern foundation	<b>TAP 2</b> ages 7-12 Faster paced beginning class for students with 1-2 years recent tap experience 5:15-6:15p	<b>MINI HIP HOP</b> Ages 5-7 Learn hip hop basics in this fun and fast paced class geared towards young movers. 5:15-6p
6:00			<b>TAP TECHNIQUE 7/8</b> High intermediate class focusing on progressive footwork patterns, syncopation, and dynamics. 6:15-7:15p	<b>INTERMEDIATE YOUTH HIP HOP</b> 8-14 Great for students who have dancers for 2+ years in the style of hip hop. 6:15-7:15p
	<b>BALLET 5/6</b> High intermediate level Ballet barre, center and across the floor 6:30-7:15p	<b>ACROBATICS 2</b> Intermediate class. Prerequisite: front & Back walkovers. Must be taken with jazz or ballet. 6:30-7:30p		
7:00				
	<b>POINTE B</b> Beginning Level pointe class, must take 2xballet a week in addition to pointe with faculty approval.	<b>ACROBATICS 3</b> High Intermediate Class. Prerequisite: Ariel Cartwheels Must be taken with jazz or ballet 7:30-8:30p	<b>ADVANCED RHYTHM TAP</b> Focus will be on articulation of dynamic footwork, improvisation, and musicality through choreography. For tap dancers in technique level 5/6+. 7:30-8:30p	<b>ADVANCED YOUTH HIP HOP</b> 14-under class for Hip Hop students with several years of recent experience. 7:30-8:30p
8:00				
FRIDAY				
	STUDIO 1	STUDIO 2	STUDIO 3	STUDIO 4
10:00				<b>TINY BALLET/TUMBLE</b> ages 2-3.5 10-10:45a
11:00				<b>PRESCHOOL TAP/BALLET</b> Building social, motor, and listening skills while learning our very first dance steps Our most popular class! 11-12p
SATURDAY				
9:00	<b>MINI AEROBATICS</b> Ages 5-7 Balancing basics, beginning Acro vocabulary, Flexibility training		<b>INTRO to HIP HOP</b> Ages 8-14 Learn hip hop dance basics, style, and musicality in this upbeat and fast paced class.	<b>PRESCHOOL TAP/BALLET</b> Building social, motor, and listening skills while learning our very first dance steps Our most popular class!
10:00	<b>INTRO TO AEROBATICS</b> Ages 8-14 Balancing basics, beginning Acro vocabulary, Flexibility training		<b>MINI HIP HOP</b> Ages 5-7 Learn hip hop basics in this fun and fast paced class geared towards young movers	<b>PRESCHOOL HIP HOP/TUMBLE</b> This high energy class will build coordination and strength all while dancing to our favorite songs
	<b>Registration Fees:</b> \$25 Single Dancer or \$40 Per Family  <b>Drop In Class Rate</b> \$20/ Class	<b>Monthly Class Fees</b> \$17.50/Class hour \$13.50/ 45 Minute Class  <b>All you can dance</b> 6+ Hours a week \$400/per student As low as \$8 a class!	<b>Military and First Responder discounts</b> <b>10% off regular class rates</b> Thank you for your service  <b>Multi-Class Discounts</b> All dancers receive an automatic discount for taking more than one class. Dance more and save!	<b>A Note about tuition</b> <ul style="list-style-type: none"><li>• Tuition is due on the 1st of the month.</li><li>• You are charged for the number of classes that are in that month.</li><li>• You are not charged for studio holidays</li><li>• August and December are prorated.</li><li>• A \$15 late fee will be automatically applied for any payment made after the 5th of the month.</li></ul>
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