

# DANSWEST

## Dance Studio - since 1976

5633 E. Speedway Blvd.

(520) 721-9477

[www.danswest.com](http://www.danswest.com)

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# FALL 2024

AUGUST 12-  
DECEMBER 19

**SAVE THE DATES!**

**COMPANY & NUTCRACKER AUDITIONS: Aug 23 & 24**

**NUTCRACKER and WINTER SHOWCASE: Dec. 21st**

**Classes Marked ♦ participate in the Winter Showcase**

MONDAY					
	STUDIO 1	STUDIO 2	STUDIO 3	STUDIO 4	
MONDAY	4:00	<b>BALLET 4/5</b> Includes a more in-depth study of ballet technique, execution and body alignment. Taken 2x a week. Ages 11+ 4:30-5:45p	<b>INTRO TO ACROBATICS</b> Ages 8+ Balancing and flexibility basics, beginning Acro vocabulary like bridge, cartwheel, and elbow stands. 4-5p ♦	<b>INT/ADVANCED RHYTHM TAP</b> Ages 10+ Focus will be on articulation of dynamic footwork, improvisation, and musicality through choreography. For tap dancers in technique level 4+ . 4-5p	<b>INTRO TO BALLET</b> ages 8-14 Learn Basic Ballet vocabulary and movement he foundation of many styles of dance! 4-5p ♦
	5:00	<b>POINTE B</b> Beginning level pointe. 1+ years of pointe experience. 5:45-6:30p	<b>ACROBATICS 2</b> Ages 8+ Expanding on the basics of Acro 1. Must have R/L cartwheels and standing back bend. 5:15-6:15	<b>INTRO TO TAP</b> Ages 7-14 Learn basic tap vocabulary, musicality, in this fun introduction to tap dance. 5:15-6:15 ♦	<b>JAZZ 3</b> Ages 9-14 Faster paced beginning class for students with 1-2 years recent experience 5-6p
	6:00	<b>STRETCH and MOBILITY</b> Supplemental class designed to enhance flexibly and mobility through targeted exercises. 6:45-7:15	<b>ACROBATICS 3</b> Intermediate class. Prerequisite: front & Back walkovers. Must be taken with jazz or ballet 6:30-7:30	<b>TAP 3 ages 7-12</b> Ages 9-14 Faster paced beginning class for students with 2+ years of continual study. 6:15-7:15p	<b>INTRO TO JAZZ</b> ages 7-12 Jazz basics, flexibility, choreography and more all done to upbeat music 6:15-7:15p ♦
	7:00		<b>ACROBATICS 4</b> Advanced class. Prerequisite: Back Hand Spring, Side Ariel Must be taken with jazz or ballet. 7:30-8:30	<b>BROADWAY TAP</b> Intermediate Tap class focussing on the performance side of tap. Dancers should expect to learn a new combo each class. 7:30-8:30p	<b>MUSICAL THEATER JAZZ JR</b> Putting jazz technique into practice while learning dances to popular Broadway shows. 7:30-8:30p ♦
	8:00				
TUESDAY					
	STUDIO 1	STUDIO 2	STUDIO 3	STUDIO 4	
TUESDAY	3:00			<b>Tiny Ballet/ Creative Movement</b> Ages 2-3.5 3-3:45p ♦	
	4:00	<b>POINTE A</b> For dancers entering their first year of pointe. Must also take prepointe and ballet 2x week. 4:30-5:15p	<b>MODERN TECHNIQUE 6/7/8</b> High Intermediate/Advanced modern class for movers with 5+ years of serious study. 4:15-5:15p	<b>TAP TECHNIQUE 4</b> Ages 10+ Intermediate class building fundamental rudiments. Faster paced combos and new rhythmic ideas will be introduced. 4-5p	<b>PRESCHOOL HIP HOP/TUMBLE</b> Ages 3.5-5 This high energy class will build coordination and strength while dancing to our favorite songs. 4-5p ♦
	5:00	<b>BALLET 3</b> Ages 9+ Taken 2x a week Correct technical execution and body alignment will be emphasized as new terminology is introduced. 5:15-6:15p	<b>MODERN TECHNIQUE 4/5</b> Horton, Graham, and Taylor technique will be explored as we strengthen our modern foundation. 5:15-6:15p	<b>TAP TECHNIQUE 7/8</b> Ages 13+ High intermediate class focusing on progressive footwork patterns, syncopation, and dynamics. 5:15-6:15p	<b>MINI ACROBATICS</b> Ages 5-7 Balancing basics, beginning Acro vocabulary, flexibility training. 5-5:45p ♦
	6:00	<b>BALLET 6/7/8</b> For high-intermediate and Advanced students. For ages 14+ or by faculty approval. Taken 2x a week 6:30-7:45p	<b>JAZZ TECHNIQUE 4/5</b> Intermediate class combining jazz basics into new complex combinations. Focus is on proper technique, style, and presentation. 6:30-7:30p	<b>TAP 2</b> ages 8-14 Faster paced beginning class for students with 1-2 years recent tap experience 6:15-7:15p ♦	<b>MINI JAZZ.</b> ages 5-7 Jazz basics, coordination, and flexibility training! 6:00-6:45p ♦
	7:00	<b>POINTE C</b> For students with 3+ years of Pointe experience. Faculty approval required. 7:45	<b>CONTEMPORARY DANCE 4/5</b> Fast paced style of dance incorporating several different dance techniques. 7:30-8:30p	<b>ABSOLUTE BEGINNING TAP TEEN/ADULT</b> Learning basic tap vocabulary with proper technique while improving balance, musicality, and coordination 7:15-8:15p	<b>OPEN TEEN/ADULT BALLET</b> An introductory level ballet class introducing barre work and center floor 7:15-8:30p
	8:00				

WEDNESDAY				
	STUDIO 1	STUDIO 2	STUDIO 3	STUDIO 4
10:00	STUDIO RENTALS AVAIL MON-FRI, SUN CALL 520-721-9477 to BOOK!			<b>PRESCHOOL TAP/BALLET</b> Ages 3.5-5 Building social, motor, and listening skills while learning our very first dance step. ◆
11:00			<b>INTERMEDIATE ADULT TAP</b> MM 11a-12p	
4:00	<b>STRETCH and MOBILITY</b> Supplemental class designed to enhance flexibly and mobility through targeted exercises. 4:30-5:15p	<b>INTRO TO AEROBATICS</b> Ages 8+ Balancing basics, beginning Acro vocabulary, Flexibility training. 4:15-5:15p ◆	<b>TAP TECHNIQUE 5</b> Ages 10+ High Intermediate class focusing on progressive footwork patterns, syncopation, and dynamics 4:15p-5:15p	<b>INTERMEDIATE YOUTH HIP HOP</b> 8-14 Great for students who have dancers for 2+ years in the style of hip hop. 4:15-5:15p
5:00	<b>BALLET VARIATIONS</b> Barre followed by classical and Neo-classical repertoire. May be taken en pointe with faculty approval. 5:15-6:15p	<b>ACROBATICS 2</b> Ages 8+ Intermediate class. Prerequisite: front & Back walkovers. Must be taken with jazz or ballet. 5:15p-6:15p	<b>MINI TAPPERS</b> Ages 5-7 Musicality, rhythm and coordination are the focus in this upbeat intro to tap dance. 5:15p-6p ◆	<b>ADVANCED YOUTH HIP HOP</b> 14-under class for Hip Hop students with several years of recent experience. 5:15-6:15p
6:00	<b>BALLET 4/5</b> Includes a more in-depth study of ballet technique, execution and body alignment. Taken 2x a week. Ages 11+ 6:30-7:45p	<b>JAZZ TECHNIQUE 6/7/8</b> Advanced jazz class that continues to work on proper placement, style, and presentation	<b>ADV. BEGINNING TAP TEEN/ADULT</b> Learning basic tap vocabulary with proper technique while improving balance, musicality, and coordination 6:15p-7:15p	<b>INTRO to HIP HOP</b> Learn hip hop dance basics, style, and musicality in this upbeat and fast paced class. 6:30-7:30p ◆
7:00	<b>POINTE B</b> Beginning level pointe. 1+ years of pointe experience. 7:45p-8:30p	<b>CONTEMPORARY DANCE 6/7/8</b> Fast paced style of dance incorporating several different dance techniques. Rec. Jazz level 5+		<b>OPEN TEEN/ADULT JAZZ</b> An introductory level jazz class introducing classic jazz vocabulary and combinations 7:30-8:30p
8:00				
THURSDAY				
	STUDIO 1	STUDIO 2	STUDIO 3	STUDIO 4
3:00				<b>PRESCHOOL HIP HOP/TUMBLE</b> Ages 3.5-5 This high energy class will build coordination and strength all while dancing to our favorite songs. 3-4 ◆
4:00	<b>BALLET 3</b> Ages 9+ Taken 2x a week Correct technical execution and body alignment will be emphasized as new terminology is introduced. 4:30-5:30p	<b>MINI BALLET AGES 5-7p</b> Learning our first ballet steps through the use of props and imagery 4:30-5:15p ◆	<b>ADVANCED HIP HOP</b> Ages 13+ Fast paced class for dancers with several years of experience. 4:15-5:15p	<b>PRESCHOOL TAP/BALLET</b> Ages 3.5-5 Building social, motor, and listening skills while learning our very first dance step. 4:15-5:15p ◆
5:00	<b>PRE-POINTE</b> - for dancers aged 9.5+ as a preparation to go on pointe or former dancers wanting to improve overall foot strength. 5:30-6:15p	<b>JAZZ 2</b> ages 8-12 Faster paced beginning class for students with 1-2 years recent experience. 5:30-6:30p ◆	<b>TAP TECHNIQUE 6</b> Ages 11+ High Intermediate class focusing on progressive footwork patterns, syncopation, and dynamics 5:30p-6:30p	<b>MINI HIP HOP</b> Ages 5-7 Learn hip hop basics in this fun and fast paced class geared towards young movers. 5:30-6:15p ◆
6:00	<b>BALLET 6/7/8</b> For high-intermediate and Advanced students. For ages 14+ or by faculty approval. Taken 2x a week 6:30-7:45p	<b>BALLET 2</b> ages 8-12 Perfect for 2nd year + students. Foundational vocabulary will be reinforced while introducing new terminology 6:30-7:30p ◆	<b>BROADWAY TAP JR</b> Ages 8-14 Intermediate Tap class focussing on the theater side of tap. Dancers should expect to learn a new combo each class. Recommended tap Level 2+. 6:30-7:30p ◆	<b>OPEN HIP HOP Teen/Adult</b> Trending music and moves will be explored as dancers learn to groove with confidence 6:15-7:15p
7:00	<b>POINTE C</b> For students with 3+ years of Pointe experience. Faculty approval required. 7:45-8:30p	<b>LYRICAL JAZZ</b> A style of dance that blends Ballet and Jazz dance that tells a story through movement. Must be taken with Ballet. 7:30-8:30p ◆		<b>OPEN TEEN/ADULT BALLET</b> An introductory level ballet class introducing barre work and center floor 7:15-8:30p
8:00				
FRIDAY				
	STUDIO 4		STUDIO 1	STUDIO 4
11:00	<b>Tiny Ballet/ Creative Movement</b> Ages 2-3.5 11-11:45a ◆		<b>INTRO to HIP HOP</b> Ages 8-14 Learn hip hop dance basics, style, and musicality in this upbeat and fast paced class. 9-10a ◆	<b>PRESCHOOL TAP/BALLET</b> Ages 3.5-5 Building social, motor, and listening skills while learning our very first dance steps 9-10a ◆
4:00	<b>MINI BALLET</b> Ages 5-7 Learning our first ballet steps through the use of props and imagery 4-4:45p ◆		<b>MINI HIP HOP</b> Ages 5-7 Learn hip hop basics in this fun and fast paced class geared towards young movers 10-10:45a ◆	<b>PRESCHOOL HIP HOP/TUMBLE</b> Ages 3.5-5 This high energy class will build coordination and strength all while dancing to our favorite songs 10-11a ◆
5:00	<b>MINI JAZZ</b> ages 5-7 Jazz basics, coordination, and flexibility training done to our favorite songs! 4:45-5:30pm ◆			<b>MINI TAPPERS</b> Ages 5-7 Musicality, rhythm and coordination are the focus in this upbeat intro to tap dance. 11-11:45a ◆
6:00	<b>DANSWEST COMPANY, PERFORMANCE GROUP, and NUTCRACKER REHEARSALS FRIDAYS 4-8:30pm</b>		<b>DANSWEST COMPANY, PERFORMANCE GROUP, and NUTCRACKER REHEARSALS SAT 9a-3p</b>	
SATURDAY				