DANGVEST Dance Studio - since 1976

5633 E. Speedway Blvd. (*520*) *721-9477 www.danswest.com*

Spring 2025

JAN 06 - MAY 31

DON'T FORGET TO



DanceStudio-Pro Portal

- Register Online
- Make online payments
- View weekly schedule
- Contact the studio
- Access shared files
 and more!
- SAVE THE DATES! DANSWEST COMPANY CONCERT: April 19th

SPRING RECITAL: May 31st

Classes Marked X Do not participate in the Spring Recital and remain technique classes all session

		STUDIO 1	STUDIO 2	STUDIO 3	STUDIO 4
A	4:00	BALLET 4/5 Includes a more in-depth study of ballet technique,	INTRO TO ACROBATICS Ages 8+ Balancing and flexibility basics, beginning Acro vocabulary like bridge, cartwheel, and elbow stands. 4-5p	INT/ADVANCED RHYTHM TAP Ages 10+ Focus will be on articulation of dynamic footwork, improvisation, and musicality through choreography. For tap dancers in technique level 4+ . 4-5p	INTRO TO BALLET ages 8-14 Learn Basic Ballet vocabulary and movement he foundation of many styles of dance! 4-5p
	5:00	execution and body alignment Taken 2x a week. Ages11+ 4:30-5:45p X POINTE B	ACROBATICS 2 Ages 8+ Expanding on the basics of Acro 1. Must have R/L cartwheels and standing back bend.	INTRO TO TAP Ages 7-14 Learn basic tap vocabulary, musicality, in this fun introduction to tap dance.	JAZZ 3 Ages 9-14 Faster paced beginning class for students with 3+ years recent experience 5-6p
VOV	6:00	Beginning level pointe. 1+ years of pointe experience. 5:45-6:30p X STRETCH and MOBILITY Supplemental class designed to enhance flexibly and	5:15-6:15 ACROBATICS 3 High Intermediate class. Prerequisit: front & Back walkovers. Must be taken with jazz or ballet	5:15-6:15 TAP 3 ages 7-12 Ages 9-14 Faster paced beginning class for students with 2+ years of continual study. 6:15-7:15p	INTRO TO JAZZ ages 7-12 Jazz basics, flexibility, choreography and more all done to upbeat music 6:15-7:15p
	7:00	mobility through targeted exercises. 6:45-7:15	6:30-7:30 ACROBATICS 4 Advanced class. Prerequisite: Back Hand Spring, Side Aerial	BROADWAY TAP Intermediate Tap class focusing on the performance side of tap. Dancers should expect to learn a new combo each	LYRICAL JAZZ Ages 9-14 A style of dance that blends Ballet and Jazz dance that tells a story through movement.
	0.00		Must be taken with jazz or ballet. 7:30-8:30	class. 7:30-8:30p	Must be taken with Ballet. 7:30-8:30p
		STUDIO 1	STUDIO 2	STUDIO 3	STUDIO 4
	3:00				Tiny Ballet/ Creative Movement Ages 2-3.5 3:15 -4:00p
AO	4:00	POINTE A For dancers entering their first year of pointe. Must also,	MODERN TECHNIQUE 6/7/8 High Intermediate/Advanced modern class for movers with 5+ years of serious study.	TAP TECHNIQUE 4 Ages 10+ Intermediate class building fundamental rudiments. Faster paced combos and new rhythmic ideas will be introduced. 4-5p	MINI BALLET AGES 5-7p Learning our first ballet steps through the use of props and imagery 4:15-5:00p
	5:00	take prepointe and ballet 2x week. 4:30-5:15p BALLET 3 Ages 9+ Taken 2x a week Correct technical execution and body alignment will be emphasized as new terminology is introduced.5:15-6:15p	4:15-5:15p MODERN TECHNIQUE 4/5 Horton, Graham, and Taylor technique will be explored as we strengthen our modern foundation.	TAP TECHNIQUE 7/8 Ages 13+ High intermediate class focusing on progressive footwork patterns, syncopation, and dynamics.	MINI ACROBATS Ages 5-7 Balancing basics, beginning Acro vocabulary, flexibility training. 5:15-6p
Щ	6:00	BALLET 6/7/8 For high-intermediate and Advanced students. For ages	5:15-6:15p JAZZ TECHNIQUE 4/5 Intermediate class combining jazz basics into new	5:15-6:15p TAP 2 ages 8-14 Faster paced beginning class for students with 1-2 years recent tap experience	MINI JAZZ. ages 5-7 Jazz basics, coordination, and flexibility training! 6:00-6:45p
F	7:00	14+ or by faculty approval. Taken 2x a week 6:30-7:45p POINTE C	complex combinations. Focus is on proper technique, style, and presentation. 6:30-7:30p CONTEMPORARY DANCE 4/5 Fast paced style of dance incorporating several different	6:15-7:15p ABSOLUTE BEGINNING TAP TEEN/ADULT Learning basic tap vocabulary with proper technique while improving balance, musicality, and coordination	OPEN TEEN/ADULT BALLET An introductory level ballet class introducing barre work
-	8:00	For students with 3+ years of Pointe experience. Faculty approval required. 7:45		7:15-8:15p	and center floor 7:15-8:30p

		STUDIO 1	STUDIO 2		STUDIO 3	STUDIO 4	
A	10:00	STUDIO RENTALS AVAIL MON-FRI, SUN				PRESCHOOL TAP/BALLET Ages 3.5-5 Building social, motor, and listening skills while learning our very first dance step.	
VEDNESD/	11:00	CALL 520-721-	9477 to BOOK!		INTERMEDIATE ADULT TAP MM 11a-12p		
	4:00	STRETCH and MOBILITY Supplemental class designed to enhance flexibly and mobility through targeted exercises. 4:30-5:15p	ACROBATICS 1.5 Ages 8+ For newer dancers with experience but still honing basics required to move to level 2 4:15-5:15p		TAP TECHNIQUE 5 Ages 10+ High Intermediate class focusing on progressive footwork patterns, syncopation, and dynamics 4:15p-5:15p	INTERMEDIATE YOUTH HIP HOP 8-14 Great for students who have dancers for 2+ years in the style of hip hop. 4:15-5:15p	
	5:00	BALLET VARIATIONS Barre followed by classical and Neo-classical repertoire. May be taken en pointe with faculty approval. 5:15-6:15p	ACROBATICS 2.5 Ages 8+ Low Intermediate class. Prerequisite: Front & Back walkovers. Must be take jazz or ballet. 5:15p-6:15p	en with	MINI TAPPERS Ages 5-7 Musicality, rhythm and coordination are the focus in this upbeat intro to tap dance. 5:15p-6p	ADVANCED YOUTH HIP HOP 14-under class for Hip Hop students with several years of recent experience. 5:15-6:15p	
	6:00	BALLET 4/5 Includes a more in-depth study of ballet technique, execution and body alignment Taken 2x a week. Ages11+	JAZZ TECHNIQUE 6/7/8 Advanced jazz class that continues to work on proper placement, style, and presentation CONTEMPORARY DANCE 6/7/8 Fast paced style of dance incorporating several different dance techniques. Rec. Jazz level 5+		ADV. BEGINNING TAP TEEN/ADULT For beginning dancers equipped with basic tap vocabular and ready to put it all together. 6:15p-7:15p	INTRO to HIP HOP Learn hip hop dance basics, style, and musicality in this upbeat and fast paced class. 6:30-7:30p	
	8:00	6:30-7:45p POINTE B Beginning level pointe. 1+ years of pointe experience. 7:45p-8:30p				OPEN TEEN/ADULT JAZZ An introductory level jazz class introducing classic jazz vocabulary and combinations 7:30-8:30p	
		STUDIO 1	STUDIO 2		STUDIO 3	STUDIO 4	
THURSDAY	3:00					PRESCHOOL HIP HOP/TUMBLE Ages 3.5-5 This high energy class will build coordination and strength all while dancing to our favorite songs. 3-4	
	4:00	BALLET 3 Ages 9+ Taken 2x a week Correct technical execution and body alignment will be	MINI BALLET AGES 5-7p Learning our first ballet steps through the use of p and imacery 4:30-5:15p	props	ADVANCED HIP HOP Ages 13+ Fast paced class for dancers with several years of experience. 4:15-5:15p	PRESCHOOL TAP/BALLET Ages 3.5-5 Building social, motor, and listening skills while learning our very first dance step. 4:15-5:15p	
	5:00	emphasized as new terminology is introduced. 4:30-5:30 PRE-POINTE - for dancers aged 9.5+ as a preparation to go on pointe or former dancers wanting to improve overall for strength. 5:30-6:15p	JAZZ 2 ages 8-12 Faster paced beginning class for students with 1-2 years		TAP TECHNIQUE 6 Ages 11+ High Intermediate class focusing on progressive footwork patterns, syncopation, and dynamics	MINI HIP HOP Ages 5-7 Learn hip hop basics in this fun and fast paced class geared towards young movers. 5:30-6:15p	
	6:00	BALLET 6/7/8 For high-intermediate and Advanced students. For ages	recent experience. 5:30-6:30p BALLET 2 ages 8-12 Perfect for 2nd year + students. Foundational vocabulary will be reinforced while introducing new terminology 6:30-7:30p JAZZ 3/4 Ages 10+ Faster paced beginning class for students with 3-4 years recent experience 7:30-8:30p		5:30p-6:30p BROADWAY TAP JR Ages 8-14 Intermediate Tap class focussing on the theater side of tap. Dancers should expect to learn a new combo each class. Recommended tap Level 2+. 6:30-7:30p	OPEN HIP HOP Teen/Adult Trending music and moves will be explored as dancers learn to groove with confidence 6:15-7:15p	
	7:00	14+ or by faculty approval. Taken 2x a week 6:30-7:45p X POINTE C				OPEN TEEN/ADULT BALLET An introductory level ballet class introducing barre work	
	8:00	For students with 3+ years of Pointe experience. Faculty approval required. 7:45-8:30p				and center floor 7:15-8:30p	
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		STUDIO 4			STUDIO 1	STUDIO 4	
DAY	11:00	Tiny Ballet/ Creative Movement Ages 2-3.5 11-11:45a		9:00	INTRO to HIP HOP Ages 8-14 Learn hip hop dance basics, style, and musicality in this upbeat and fast paced class. 9-10a	PRESCHOOL TAP/BALLET Ages 3.5-5 Building social, motor, and listening skills while learning our very first dance steps 9-10a	
	4:00			10:00	MINI HIP HOP Ages 5-7 Learn hip hop basics in this fun and fast paced class geared towards young movers 10-10:45a	PRESCHOOL HIP HOP/TUMBLE Ages 3.5-5 This high energy class will build coordination and strength all while dancing to our favorite songs 10-11a	
æ	5:00	DANSWEST COMPANY, PERFORMANCE GROUP, FRIDAYS 4-8:30pm Private lessons available, call to book!	GATU		DANSWEST COMPANY REHEARSALS SAT 9a-3p		
1	6:00						